## Common programme report 2016-17

#### 1. OUTREACH ADMITTED STUDENTS' PARENTS MEET

# **Duration: 1 hour No. of participants: 40**

Every year Loyola admits a good number of students from the slums. The students who were admitted are closely followed by the faculty of Outreach. In this regard, a Parents'

meeting was organized.



Parents' meeting was held on the 3<sup>rd</sup> of August 2016, at MRF hall, Loyola College between 5 and 6 pm. There were about 40 community people participating in the parents' meeting to thank Fr. Principal and Fr. Director.

The masters of ceremony were Prof. K A S Melson and Prof. Richard.

Prof.Rathna sang the prayer song. Prof. Baskar Jayabalan welcomed the gathering

Chief guests were Fr. Arokiasamy Xavier, Principal, Loyola College and Fr. Henry Jerome, Director of Service Learning (Outreach)

Mr. Arumugam Chinnaiya, Member of Corporation Council, spoke about the various activities done by the students of Outreach in his area and thanked everyone profusely for the service rendered. He also went on to personally thank Fr. Principal and Fr. Director with scarves and flowers.

Mrs. Malarvizhi, community volunteer from Mangalapuram, Chetpet, spoke about the various activities the students have conducted in her area and emotionally expressed her gratitude. She also pointed out the positive effects created by the students in her area.

Few members representing the student community and the parents thanked the college administration, particularly Fr. Principal and Fr. Director, for the opportunity given to them by the administration.

Fr. Henry Jerome stressed on the importance of the chances given by the college and also pointed that the students should utilize it to the maximum and also urged them to stick on to their goals and achievement.



Fr. Principal, in his brief address, expressed his pleasure for being invited to the meeting which in fact, was for thanking the management, and noted that he had never come across such an event. He also pointed out that he himself was not as lucky as they are, to have got a chance to study in Loyola. He also urged the beneficiaries to acquaint themselves with the students of diverse backgrounds in the campus and work hard to do justice to the opportunity, which had been given to them and denied to

many, even in spite of merit and wealth.

Prof. Antony Anbarasan thanked the gathering for their participation.

#### 2. BAG TO SCHOOL MOVEMENT

# Duration: 3 hours No. of college students participated: 350

Department of Service Learning in collaboration with Brotherhood mission, an organization working among the poor, organized an event called Bag to School movement in Bertram hall on 28<sup>th</sup> September 2016. The primary objective of the program was to motivate the children studying in Chennai High Schools run by Chennai Corporation. Considerable number of children studying in the schools, run by Chennai





Corporation, were dropping out of school before completing high school due to various reasons. The program was designed to promote a sense of leadership among the school going children and to enable them to pursue their schooling with a sense of purpose and dedication. Mr. V. Palanichamy – Director (News) of All India Radio, Chennai was the chief guest of the event and the guest of honour was Mr. P.K. Saravanan – IRS (Training). There were also some young achievers who were invited as Panelists for the Panel discussion to encourage and motivate the children.

The Outreach department had been doing its intervention in 41 different slums of zones 8, 9 and 10, and more than 500 children from these slums were invited for this event. These 500 children were made to wear a T shirt which had the inscription "I am a leader" printed on it and 500 students from Loyola college presented these children a school bag which had a Tiffin box, water bottle and other educational materials.

#### 3. YOUTH DAY CELEBRATIONS

**Duration: 2 hours** No. of college students: 90

The Department of service learning (Outreach) had organized a program for the youth representing the 41slums chosen for Outreach intervention at L S hall on 12<sup>th</sup> January,



to present the opportunities available for the youth and to encourage them to engage purposefully in their future endeavors. Mr. Marana GanaViji was invited as the chief guest for the Program and he spoke about the struggles faced by him through his career. After sharing his experiences he encouraged the youth to ask questions and he responded to their questions immediately and his answers indicated that life has taught him a lot of lessons and has made him wise. He

2017 at 3 pm. Mr. Samson, 1<sup>st</sup> year Post graduate student from the Economics Department was the Master of ceremony for the Program. Rev. Fr. Secretary, addressed the students and made them aware of their responsibilities. Rev. Fr. Henry Jerome encouraged and motivated the students to make use of the opportunities at their disposal. The main objective of youth day celebrations was



sung the 'Dangamari song' which was sung by him in the movie "Anehan" at the end of the event. The participants were thoroughly entertained during the course of their interaction with Mr. Marana gana Viji.



participants were given refreshments.

Mr. Joseph and Mr. Nirmal Kumar the Trainers from Don Bosco Anbu Illam - Vazhikatti project made a presentation about the life skill training programmes offered in their centre and they spoke about the courses and the career opportunities available for the youth.

The Vote of thanks was given by Mr. Chandru from Appasamy Street. He thanked the chief guests and the youngsters for their presence. The event came to an end at 5 pm as the

# 4. A MOTIVATION PROGRAMME FOR THE 10<sup>TH</sup> AND 12<sup>TH</sup> STANDARD SCHOOL-GOING STUDENTS FROM THE INTERVENTION SLUMS

Duration: 1 hour and 30 minutes No.of college students participated: 150

On 19<sup>th</sup> February, 2017 the Department of Service Learning (Outreach) organized a motivation programme for IX and XII students. The program started off with a prayer

song. Mr. Antonysamy gave the welcome speech and he welcomed the dignitaries of the programme. Rev.Fr. Henry Jerome, Director spoke about the dimension of the programme and he was sharing his thoughts about his school days. He mentioned that he studied in a Tamil medium until school and he was in an English medium during his



college. He was stressing on the point that Chennai will only be developed if the students from underdeveloped areas study well. He also said that if any one of the students who attended the programme got more than 485 or 1150 in their respective examinations they will be awarded adequately and will be offered a seat in the college. The following speech was given by Prof. Lawerence Jeyakumar. He shared his thoughts on examinations with the students. He spoke about how to prepare for the public exams. He asked the students to fix a long-term goal for themselves. The speech continued further with a power point presentation showing the tips and tricks about memory before exams. The presentation covered a lot of topics from preparation to being different. He was stressing on the importance of being prepared for anything, including exams. He also said that not everyone is the same. Everyone has their own interests ranging from music to studies to eight other interests totally. His tip to success was to fall under any one of these categories and carve a niche for oneself. He expressed that students must be "To be First" or "To be the Best "To be Different". He also insisted that one must be focused on his/her dreams. As an example, he asked the students who were gathered there to close their eyes



and focus on whatever thoughts were flowing through their minds. He then, spoke about how to set up a SMART GOAL, which stands for Specific Measurable Achievable Relevant Time bound. He interacted with the audience by asking them what their goal was. He also quoted a famous Leonardo da Vinci line "Study without desire spoils the memory, and retains nothing what it takes in." He explained

through his power point slides that 10 % of the memory is achieved through learning and reading simply, 50% through visual learning, 70% through audiovisual learning and 90% through teaching. It also contained information regarding the types of memory namely—Short-Term and Long-Term, after which there were three techniques to memories namely-repetition, making a rhyme or a song, using time wisely, and the last topic was basics of memory. And then, there was an insight into the three kinds of learners'

namely- visual learner, auditory learner and kinesthetic learner. The exam techniques included proper time allocation and pre planned writing of answers. Mr. Prabhakar, Indian Defense Estate Service officer attended the event as a guest and he was sharing his thoughts on how he faced the civil service exam, providing the Do's and Don'ts while writing the exam. And he gave the students some advice, one of them being, "don't bother about the pitch, go play your natural game." He added on to that saying, do not start with new topics right before the exam.

Ms. Christina, Counselor, spoke about fear the day before exams. She started with a small exercise that required the audience to close their eyes and imagine ten names of

things which were chosen randomly before. She also introduced some physical exercises to improve memory power. She talked about taking proper dietary food every day. As per her expert opinion, the students must eat at least two soaked almonds a day to boost their memory power. By doing this, one can improve concentration as well. The last activity of the program was Sublime Meditation. Music was playing in the



background as everyone closed their eyes. Ms. Christina was reciting the various phases before and after the exam. She concluded her speech with planting positive thoughts on exams for the students. The programme ended with a vote of thanks by Prof. Jaiprakash.

#### 5. A DAY WITH ELDERS

# Duration: 3 hours No.of college students participated: 774

On 22/02/2017, Wednesday, Department of Service Learning organised a program for Elders' from many areas in and around Chennai. The students of Loyola College helped organize this event by taking initiative to bring the respective elders to the college. The program took place in the Bertram Hall in Loyola College.

The program began with a folk dance performance by three very talented boys to entertain the audience which followed by a band performance by yet another talented bunch of students.

The chief guests present were;

Rev.Fr.A.M.Jayapathy Francis, S.J., Rector

Rev.Fr.Lazar SJ. Secretary and Correspondent

Rev.Fr.Dr.M.Arockiasamy Xavier, SJ. Principal

Ms. Sneha Mohandoss - Director. Food Bank

Mr. Suresh Vaidyanathan - CEO, Tulive Developers Ltd.

Mr. Micheal Ponnudurai - HR Head, Extreme Networks

Dr.K.T.Dilli, Librarian;

A prayer song was presented first followed by Mr. Elango, Rev.Fr.Lazar SJ, Mr.Henry, and Ms. Sneha Mohandoss and a member of the elders' group lit the lamp.



The welcome address was given by Prof.Melson- the chief guests introduced and the elders' were welcomed.

Mr. Elango, Ms. Sneha Mohandoss, Mr. Suresh and Rev.Fr.Lazar SJ were felicitated by Prof. Rathna, Prof.Jayaprakasam and Mr.Antonysamy respectively.

Rev.Fr.Lazar SJ addressed the audience, a speech that gave hope to the elders, one which enlightens and also assured the elders'

that Loyola College will help them in all their endevours in life. A music performance followed by Shruthy Bennedict, a Visual Communication student.

An interactive session took place next where the members from the audience shared their experience about how this Outreach Program has helped them in life and how they have benefited from it and how grateful they were to the college for this initiative. They also graced the gathering by expressing their singing and dancing talents and it was wonderful to see how much energy and potential they had even at this age. Mrs.Jaya from Shanthi Colony spoke some motivational words for the audience and encouraging the college to take more efforts and blessing the students and she ended by singing a song.

Ms.Sneha Mohandoss addressed the audience about the initiative she had taken from her behalf as the director of Food Bank.

Mr.Elango Rajarethinam addressed the audience which encouraged them to celebrate every-day of life and Loyola College will help them to. This was followed by many members of the audience coming on stage to share anecdotes and experiences of the Outreach Program.

The students of Loyola College went up on stage too, to express their gratitude for the cooperation of the elders during



Outreach classes. The program ended with around 10 elders got on stage to dance as Prof.Melson sang. Bedsheets were distributed to the elderly members and then vote of thanks was given by Prof.Francis Kumanan as the program wrapped up.

It was a great initiative taken by Loyola College and the students will be forever grateful for the Outreach Programme.

#### 6. MEDICAL CAMP-

DATE: 18-08-2016 TIME: 9a.m to 12a.m PLACE: SAIDAPET

No of Students participated-60

As a part of our effort to make basic health care accessible for all the people of saidapet, with the support of doctors and their assistant from government hospital nearby we made it possible that the basic health care is avilable to all. Also and awareness speech was given.



"Doctor checking the people of saidapet and providing free medicine to the infected and needy ones as found on their check up on the people."

"Smt. Selvi honouring the doctors as a sign of respect towards the sincere effort they have taken to make sure the basic health care is made available to all the people irrespective of their financial or any other background."

The doctor invited by the students came with her team and took free health checkup for all the interested locals. Also provided free medicines as treatment for the needy ones.(In Pics - honoring the doctor done by the representative of the area)

#### 7. **MEDICAL CAMP**

#### No of students who have participated in this program: -40

The students of BMM second year conducted medical camp on 29th September 2016 in there outreach area Saidapet. The students were interested to conduct medical camp for the poor and needy. Rev. Dr. Louie Albert, Director of service learning motivated students during orientation session. Animation department outreach staff in-charge professor Raman also motivated students and involving in the every programme which is conducting by the students. He also motivated and interested in this event. Dr.E.Anand motivated and guided us to participate more numbers in the medical camp. One of the residents in that locality made all arrangement for the camp. Doctor and nurse and medical assistant were very happy the way students helpless service for the people. I and everyone took part from beginning to end in the systematic medical camp. Medicine, tablets and ailments also distributed to all the participants. Many old people were happy. It was a good event. Doctor made it with extreme pleasure. The students also coordinated well. Students learned a lot from this event .It cultivated a helping attitude and all were interested to helping hands. The youth leaders in that locality, women leaders were also participated. The area ward member also participated and distributed prize to the doctor as a token of our love. They were contented and thanked us. The event was nice. They also took photos. The people were also happy. The students also felt satisfied and contended in that medical camp.







Vote thanks: Was given by Class respective of Animation student.

#### 8. EYE CAMP

## No of students who have participated in this program: -25

#### Introduction:

Loyola college and Shankar nethralaya jointly organized the general eye campaign through dept. of outreach and dept. of commerce at M.K.Radha nagar, Tenampet on **September 30, 2016** at 9.a.m to 12.a.m, under the supervision of Mr.baskar Jayabalan (assist. prof. dept. of outreach).

Event:

Dr.Chandran with his assistant consulted the patients and patients were checked thoroughly and given prescriptions. Patients, who needed immediate further checkup, were given a slip and appointed to the hospital for the check up and treated comfortably.

#### Impact:

Around 50-60 patients were benefited through this general eye camp and 10 people were taken to the further check up by Mr. Chandra to the hospital. People with poor financial status were greatly benefited through this free campaign. The people in M.K.Radha nagar was treated with a good hospitality

# Conclusion:

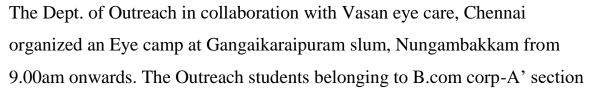


The health camp was a great success with the support of dept. of outreach and Sankara nethralaya and the students of dept. of commerce.



# 9. Eye Camp A Report..

DATE - 30.09-2016 TIME - 09.00A.M VENUE – GANGAIKARAIPURAM No of Students participated-60



assisted the staff eye care in setting equipments eye checkup.



of Vasan the required for



**People** thronging to

register



# Students at the Registration desk

The registration for the eye camp began at 10am. Besides distributing the pamphlets on Friday 25.09.2016, Students kept announcing about the eye

Camp to the People residing in and around Gangaikaraipuram.

After the diagnosis it was found that 30 people had Cataract. They were suggested to undergo a surgery for their eye defect. Twenty of them complaint of having headache and through



diagnosis it was found that they had sinusitis.

#### 10. EYE CAMP

#### No of Students participated-40

on the 30/09/2016, the members of the health and sanitation group of the English shift-ii batch conducted a eye camp for the people living in Gangaikarapuram. People in the camp were treated by doctors from sankara nethralaya hospital and were given free consultation.

the area had been affected badly by the rain the previous day but the people living there were helpful enough to provide a different venue for the eye camp. the doctors were able

to begin at exactly 9:30 am and ended the program at around 12.

the eye camp was a resounding success with over 60 people checked up and over half coming to the doctor's hospital for consultation. the people were grateful for this opportunity provided by sankara nethralaya hospital through the help of Loyola. over all this camp was a resounding success.

doctor meeting with patient and explaining the process of testing



#### 11. EYE CAMP

#### No of Students participated-55

On 30.09.2016, Girriappa road, Teynampet site 117, zone 9, Chennai 26, between 9:00 am to 12:00 pm our eye camp was conducted by health and sanitation of. Economics section 'a' with the guidance of our outreach Dept sir Mr. baskerjayaslan and with the help of sankara nethralaya eye hospitably dr. chadrakumar on data of more than 18 members old aged, children and people with low economic and finical backward came. Impact

Impact among us (student) it is a great learning experience, conduction an event we got much social input and help to improve our leadership quality.

Impact among public many old age peoples was given eye consultation and given free eye glasses our college was given positive view through the eye camp children with poor eyesight advice to their parent has taken proper care about their children health, main impact is that people have started care about their health through our eye camp.



The eye camp we organized was good and we looking forward to conduct more camp like this.

#### 12. MEDICAL CAMP

## No of Students participated-45

Department of Computer Science Sec- A conducted of free general medical camp for the people of Thideer nagar Saidapet on 30.09.2016. There where hundreds of the people benefited through medical camp. All team members brought all types of people like children, women, differently abled and aged to participated medical camp. Doctor Thanikachalam was a chief guest of the event.







Doctor was honour by community leader of Thideer Nagar Saidapet. Free medicine, tablets, oilments, tonic and Nilavembu Kashayam also Distributed to the all participants. Vote of thanks was given by class representative.

## 13. Eye Camp for the Community

This eye camp was conducted by the students of Mathematics on 24th October 2016 at Gandhi nagar. More than **145 persons** attended the camp. This camp was conducted by Rajan Eye care. There were three doctors and 7 assistants. The program started at 10 A.M. and came to an end at 2.00 P.M. Fr. Vargehese from the salesian order was the chief guest. Students honored all the special invitees and organized this camp professionally. There were student volunteer to register the names and send all the people for testing their eyes. More than 45 people were given spectacles at free of cost. 20 people were recommended for eye surgery in the hospital. All the arrangements were done in a professional way. Prof.K.A.S.Melson appreciated the involvement of the students and asked them to continue the good service. More than 50 students involved in this activity.



#### 14. Medical camp

Date: 11<sup>th</sup> December 2016 Venue: Radhakrishnan Nagar

## No of Students participated-15

The students of Tamil Department and their faculty organized a medical camp for the residents of Avvaipuram. The camp was a general health camp and hence children from



the age of fifteen to senior citizens attended the camp and it was organized by an NGO called Help Age India. The people of the area had been given prior information that the camp will be held on 11<sup>th</sup> of December, to ensure that enough number of people can benefit from the camp.

The people who had come for the camp had Arthritis, fever, Cough and cold and some of them had Diabetes, Hypertension, Respiratory disorders, Diarrhea and some Skin infections, The doctors gave free medicines, and on an average they spent 3 to 5 minutes with each





patient and hence they diagnosed the person adequately before giving the medicines. Around eighty people attended the medical camp and the faculty and the students also educated the camp participants about the measures and the steps that everyone has to adopt to protect themselves from being infected with communicable and infectious diseases. The doctor also said that there was no prevalence or spread of any communicable disease after her interaction with the people.



# <u>Loyola College(Autonomous), Chennai – 600034</u> <u>Department of Service Learning(Outreach)</u>

# 15. General Health Camp conducted by Help Age India and the Department of Advanced Zoology ( $2^{nd}$ Year students) – $28^{th}$ January,2017

No of students who have participated in this program: 45

Help Age India conducted a general health camp in West Namachivayapuram on 28<sup>th</sup> January, which was organized by the second year students of Advanced Zoology department. Medicines were distributed free of cost for all the people who required medical attention. People from the age of 15 were permitted to avail the services rendered





Help Age India had brought a tempo traveler Van to West Namachivayapuram and since the camp was conducted in the Van, there was no need to arrange a room for the Doctor and the pharmacist. Mr. Philip from Help Age India was the Coordinator for the camp. The people were asked to register their names with Ms. Rachel, the staff of Help Age India and two other MSW students of Loyola College. Dr. Jhansi from Helpage India diagnosed and treated the people who attended the camp and she wrote the prescription to the patients and told them to collect the free medicines from the Pharmacist, Ms. Shanmugapriya who was seated in the front part of the Tempo Traveller. Totally 91 patients attended the camp and Most(70 percent) of the patients

who camp for the camp were having cold, fever, cough and arthritis. A few of the people reported having abdominal pain and they were given pain killers. Some of the patients who came with the doctor's prescriptions were given medicines. During the camp the doctor felt that the people did not have any symptoms of harmful communicable diseases and there was a patient who had symptoms of TB. The patient had TB earlier and it was cured and he was asked to take up a test to identify whether he has TB again. The people felt that the camp was very much useful.





#### 16. A PROGRAMME ON "PLANTING SAPLINGS"

**Duration: 1 hour** 

No. of college students participated: 20

On February 14, 2017, planting the saplings conducted at Dr. Thomas road, Teynampt, Chennai. The students of the B.Com-E section took the initiative of planting saplings in the commonplace of Dr.Thomas road. They invited Mr. Giri Anna, Community leader to inaugurate by planting a sapling. The event was organized by the team of **health and sanitation** of the B.Com-E section.



The students received the chief guest and explained about the event. Then students took their chief guest to the area where the trees to be planted.

The chief guest **GIRI ANNA** inaugurated this event by planting the first tree in that area. Students and the people gathered around and cheered him. After that, students planted the other four trees in that area with the help of people.

Then students distributed the **PAMPHLETS** about the importance of trees to the people gathered over there.





Students strongly believed that this event would impact the people by making them plant more trees in the future.

# 17. FREE EYE CHECKUP CAMP

**Duration: 2 hours** 

No. of college students participated: 65

On 16th February 2017, the students of B.Com. Corporate Secretary ship-B section organized free eye checkup camp at Alayaman Koil street slums, Teynampet. The purpose of the eye camp was to address poor sight issues of elderly persons. The eye camp was organized in association with Sankara Nethralaya hospital.

There were 59 people assembled for the free eye check-up and from that 17 of them were taken to Sankara Nethralaya hospital at Greams road, Chennai for further treatment.

The people appreciated the work of Loyola college students (B.com CS 'B' sec) with great happiness.

The patients showed their gratitude to the students by praising them and the students felt











# 18. Dental Camp

#### No of students who have participated in this program: 15

Date: 28.02.2017

The event was organised by the students of Health and Sanitation team (Viscom) in association with the SRM Dental College @ Thomas Road. A mobile Dental Bus was brought there and over 80 people were treated and diagnosed. The patients were given slips which indicated their condition and they were told to come to SRM RAMAPURAM hospital for further treatment. The patients were also given a dental paste and free check up .

The event began at around 10 am and ended at 12:10 pm. The doctors were really happy and thanked the Outreach dept of Loyola College for providing an opportunity.





#### 19. General Health Camp

#### No of students who have participated in this program: 20

Providing strong and curative health treatment to community people is the thrust area of outreach. Elderly people are always prone to disease. They always suffer from blood pressure. They generally don't check their Blood pressure. Hence, Elder's team decided that they should help elders to know their Blood pressure and to create basic awareness on health.



Mrs. Sheila Manimaran, Chief Nurse of Best hospital Kodambakkam was invited to conduct the basic health check on 2<sup>nd</sup> March, 2017. The venue was at Tamil Baptist church, Chetpet and the program started off at 2.30 PM. 26 participants got their health checked. The Blood pressure level of all the elderly people who participated was checked. Participants were also advised on what to do for maintaining normal blood pressure. Out of 26people,

- ✓ 7 people had low blood pressure
- ✓ 6 people had high blood pressure
- ✓ 13 people had normal blood pressure

After the checkup, refreshments were distributed to the participants. The event was highly successful and it achieved its defined purpose. **20 students** organized this program.

#### 20. Medical camp

#### No of students who have participated in this program: 40

Medical camp was conducted by health and sanitation of B.A. economics section 'a' with the guidance of our outreach Dept sir Prof. Basker Jayabalan and with the help, Dr.V.vijila & DR.Priyadharshinimurugan, on data of more than 60 individual of old aged, children and people Girrippa road, Teynampet site 117, zone 9, Chennai 18, at 10.03.2017 between 9:00 am to 12:00



impact among public many old age peoples given general was medical consultation and given free tablets and drugs, our college was given positive view through the medical camp children with poor health advice to their parent has taken proper care about their children health, main impact is people that have started care about their health through

medical camp.

Conclusion

The medical camp we organized was good and we are really honored to serve the public behalf of Loyola College.