

# **LOYOLA COLLEGE (AUTONOMOUS)**

**CHENNAI-600034.**



**PERSONAL MEETING**

## Shift I

### Personal Mentors for Advanced Zoology

sl.no	Name	Dept	Contact No	Email Id
1	Dr. Charles Robert	Maths	9962083779	<a href="mailto:charlesrobert2@yahoo.co.in">charlesrobert2@yahoo.co.in</a>
2	Dr. M. Chris Monica	Maths	9962292731	<a href="mailto:chrismonicam@gmail.com">chrismonicam@gmail.com</a>
3	Prof. Maria Roy Felix	Maths	9444122110/ 9884650147	<a href="mailto:mariaroyfelix@gmail.com">mariaroyfelix@gmail.com</a>

### Personal Mentors for Plant Biology

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1	Dr. J. Judith Vijaya	Chemistry	9500026204	<a href="mailto:jjvijaya78@gmail.com">jjvijaya78@gmail.com</a>

### Personal Mentors for Chemistry

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3	Prof. M. Salathiyar	Commerce	9444474966	<a href="mailto:professorsalathiyar@gmail.com">professorsalathiyar@gmail.com</a>
4	Prof. Jacob Davis	Commerce	9003153149	<a href="mailto:jacobdavisk@gmail.com">jacobdavisk@gmail.com</a>

### Personal Mentors for Commerce

sl.no	Name	Dept	Contact No	Email Id
1	Prof. Devasahayam	SHE	8925942208	<a href="mailto:deva@loyolacollege.edu">deva@loyolacollege.edu</a>
2	Prof. S. Peter	SHE	9445350696	<a href="mailto:peter_s2007@yahoo.com">peter_s2007@yahoo.com</a>
3	Prof. Simon Aju Sudhakar	SHE	9841328844	<a href="mailto:aju_sim@yahoo.com">aju_sim@yahoo.com</a>
4	Prof. Victor Valan Arasu	SHE	9940337519	<a href="mailto:victor@loyolacollege.edu">victor@loyolacollege.edu</a>
5	Prof. Annie Velma	SHE	9884850800	<a href="mailto:nnvelma@yahoo.co.in">nnvelma@yahoo.co.in</a>

### Personal Mentors for Economics

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3	Dr. V. Raja	Adv. Zoology		<a href="mailto:drrajaprema@gmail.com">drrajaprema@gmail.com</a>

### Personal Mentors for English Lit.

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### Personal Mentors for History

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**Personal Mentors for Maths**

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**Personal Mentors for Physics**

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**Personal Mentors for Sociology**

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**Personal Mentors for Tamil.Lit**

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**Personal Mentors for Vis.Com**

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**Personal Mentors for B.Voc Ani & DJ**

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# Shift II

## Personal Mentors for BBA & Corporate

sl.no	Name	Dept	Contact No	Email Id
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## Personal Mentors for Chemistry

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1	Prof. Andrew Michael. S	Sociology	9043434476	scandrewmichael@gmail.com
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## Personal Mentors for Commerce

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3	Prof. S. AshwinParameshwar	English	9962132244	<a href="mailto:parameshwarashwin@gmail.com">parameshwarashwin@gmail.com</a>
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4	Prof. JeyamaniDivyaChristodoss	Food chemistry	9841866964	<a href="mailto:divyajc@yahoo.com">divyajc@yahoo.com</a>
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### Personal Mentors for Vis.Com & BMM

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### Personal Mentors for French

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### Personal Mentors for Comp.Sci & BCA

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2	Prof. S. Charles Jailsingh	Commerce	9941391748	<a href="mailto:profcharleshrdloyola@gmail.com">profcharleshrdloyola@gmail.com</a>
3	Prof. Sivaprakash J. S.	Commerce	9025161336	<a href="mailto:profsployola@gmail.com">profsployola@gmail.com</a>
4	Prof.Alexander Y	Commerce	9786825563	<a href="mailto:alexyobu@gmail.com">alexyobu@gmail.com</a>
5	Prof.Ayyappan	Commerce	9751004000	<a href="mailto:ayyappan2407@gmail.com">ayyappan2407@gmail.com</a>
6	Prof.V.S.Vinayagamoorthy	Commerce	9444547226	<a href="mailto:vinayaga1973@gmail.com">vinayaga1973@gmail.com</a>

## PERSONAL MENTORING DATA CARD

**NAME:** \_\_\_\_\_ **ROLL NO:** \_\_\_\_\_ **DATES & VISIT NO:** \_\_\_\_\_

**DOB:** \_\_\_\_\_ **GENDER:** MALE/FEMALE

### Presenting problem:

**Intensity :** ( 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 )- (student)

**Duration:** a day    two days    a week    a month    6 months

**Problem since:-** from childhood    2years    below 2years    \_\_\_\_\_

### Symptoms

- |                        |                        |
|------------------------|------------------------|
| ➤ Disturbed sleep      | ➤ With drawn           |
| ➤ Loss of appetite     | ➤ Lack of motivation   |
| ➤ No concentration     | ➤ Suicidal talks       |
| ➤ Low in academics     | ➤ Body pain            |
| ➤ Crying spells        | ➤ Frequent absenteeism |
| ➤ Feeling lonely       | ➤ Migraine headache    |
| ➤ Feeling helplessness | ➤ Loss of weight       |
| ➤ Bad habits           | ➤ Hyper sensitive      |
| ➤ Addiction            | ➤ Negative thoughts    |
| ➤ Anger out burst      | ➤ Others               |
| ➤ Irritability         | _____                  |

**Areas affected by the presenting problem-** academics/ physical/ family/ relationship

**Social support – family / friends/ relatives/ others** \_\_\_\_\_

**Problems identified by the mentor:-**

**Action planning:-**

**Date of the next session:-**

**Mentor/ Counsellor**

**Loyola College, Chennai**  
**Personal Mentor's Feedback form**

Name of the Personal Mentor: *EMMANUEL . F . R .*

Department: *MATHEMATICS*

Feedback of your experience as a Personal Mentor:

*Meeting students and listening to them has been a great thing. Being empathizing and compassionate at the times of their need gives a great contentment. Thanks for this opportunity.*

*J.R. Emmanuel*  
*11/10/2018*



**Loyola College, Chennai**  
**Personal Mentor's Feedback form**

Name of the Personal Mentor: Dr. J. JUDITHA VIJAYA

Department: Chemistry

Feedback of your experience as a Personal Mentor:

I personally feel that I am more connected with the students who need guidance academically and psychologically after becoming personal mentors. My maturity level is increased and I am very happy to deal the students effectively than previous years.

Juditha  
11/10/19

**Loyola College, Chennai**  
**Personal Mentor's Feedback form**

Name of the Personal Mentor: P. SANTOSH KUMAR

Department: ENGLISH SHIFT - II

Feedback of your experience as a Personal Mentor:

As a personal mentor I am doing everything to the assigned students. It is an honour to talk with students and understand them better and motivate them.

P. S. K. ✓  
11/10/19

**Loyola College, Chennai**  
**Personal Mentor's Feedback form**

Name of the Personal Mentor: V. LOUIS XAVIER

Department: SHE

Feedback of your experience as a Personal Mentor:

\* Wonderful opportunity to interact with the students personally.

\* The one, who comes for personal mentor session, is able to talk freely and sees me as a personal guide.

\* If anybody needs more than my help, I ~~refer~~ use to refer to the Loyola counselling centre.

*V. Louis Xavier*

**Loyola College, Chennai**  
**Personal Mentor's Feedback form**

Name of the Personal Mentor: JACOB DAVIS.K

Department: COMMERCE.

Feedback of your experience as a Personal Mentor:

Overall the experience was amazing, even though I helped around just two boys who approached me for personal & financial aids. The satisfaction and joy of solving the boys on a personal front was an eye-opener. I thank the Loyola management for giving me such an amazing responsibility. Looking forward to serve as the mentor for students in the future years within my capacity.

Thank you.

Jacob Davis K  
JF-COB DAVIS.K

**Loyola College, Chennai**

Loyola College, Chennai

Personal Mentor's Feedback form

Name of the Personal Mentor: V.S. Vinyagamorthy

Department: Commerce - Shift-II

Feedback of your experience as a Personal Mentor:

personal mentoring helps to groom my class students and it creates emotional attachment with personal needs of the students. Students treat me as a guide for their college and personal life.

V.S. Vinyagamorthy



**Loyola College, Chennai**  
**Personal Mentor's Feedback form**

Name of the Personal Mentor: J. JAI DINESH

Department: SHE

Feedback of your experience as a Personal Mentor:

It is a very good platform for the students to convey their strengths and weaknesses and update experience a sense of importance towards their own self. Students are able to personally reflect and transform into better personalities in both academic and personal forefronts.

J. Jai Dinesh